

flakebelly

Announces New Album **C-PTSD**

Out 15th May 2026

Ten tracks of complex trauma, tape collage, and broken gear.
The second chapter of a three-album arc.

Stornoway, Scotland - flakebelly, the multi-instrumentalist and experimental recording artist based in the Outer Hebrides, will release his new album *C-PTSD* on 15th May 2026. The ten-track record is the second chapter of a three-album arc, following last year's *The Boy In The Diving Bell*.

Written, performed, and produced entirely by flakebelly at Flaming Jangle Studios, *C-PTSD* is an analogue-driven exploration of complex trauma and psychological interior space. Rather than explaining or resolving, the music enacts the condition from the inside. Time loops, identity fractures, and attachment collapses recur throughout. Lyrics trace survival exhaustion, anhedonia, and dissociation.

Each track began with a completed drum part, recorded before any other material was composed, around which warped pianos, guitars, loops, and fragments were layered. Instruments were recorded through dusty, broken vintage gear and pushed through tape and transistor until the sound collapsed into grit, imperfection, and decay. The entire album is deliberately mixed to sound dark, crunchy, over-saturated, and muddy - a texture flakebelly describes as an obsession, an antidote to over-produced digital sheen and the spread of AI-generated music.

Vocals are deliberately de-centred across the album. The atmosphere of the sound leads, with the voice treated as one element among many rather than the organising force. Parts are whispered, pitch-shifted, spoken, shouted, chanted, rapped, and occasionally recited by computerised voice - a stubbornly conscious move into new territory.

Some pieces are slow and drone-led, others glitch-driven and unstable, all shaped by texture and colour rather than convention. The music sits at the crossroads of experimental indie, psych-inflected jazz textures, art-rock, post-rock, and analogue tape collage, often incorporating hip hop production techniques. Vinyl fragments, ambient recordings, and sampled vocals are folded into the fabric.

It is deliberately irregular, defiantly human, and almost lo-fi. It breathes, wobbles, distorts, and sometimes fails.

"An examination of what I am and where I've been, from inside to out."

- flakebelly

RECOGNITION AND PRAISE

"Extensive and wildly eclectic sonic adventures."

- Tom Robinson, BBC 6 Music Introducing Mixtape

"Like being Alice in Wonderland, transported through a maze of moments in flakebelly's imagination."

- Marianne Tambini, SNACK Magazine

"The timeless technicolour psychedelia of Syd Barrett and the alternative lo-fi mastery of Elliott Smith... A DIY masterpiece."

- Tom Hilton, Aldora Britain Records E-Zine

"Ultimately the sort of artist we need more of - a genuine weirdo-auteur carving his own path purely for the love of the game."

- Lewis Wade, Is This Music?

"A brainy, spacious, absolutely compelling song which has more in common with Television or Wire than Sgt. Pepper's."

- Poppy Bristow, Fresh On The Net

ABOUT FLAKEBELLY

flakebelly is an independent musician based in Stornoway, Outer Hebrides, Scotland. He shapes songs that drift between psychedelic indie rock, folk-jazz, and the unstable terrain of imagination. Each project develops its own language of sound, guided by a self-contained ethos that lets tone, texture, and process evolve freely. His single *In Parks of Tall Trees* was featured on BBC 6 Music, and his work has received praise from SNACK Magazine, Aldora Britain Records, and Is This Music? All music is written, performed, recorded, and mixed solo.

RELEASE INFORMATION

Album: C-PTSD

Artist: flakebelly

Release Date: 15th May 2026

Tracks: 10

Format: Digital & CD (Bandcamp), Vinyl (Elastic Stage)

Label: Self-released

Recorded at: Flaming Jangle Studios, Isle of Lewis, Scotland

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